## **Cheatham County Health Department**

162 John Mayfield Drive Suite 200 Ashland City, TN 37015 (615)-792-4318 Hours: Monday-Friday 8:00-4:30

**Rachel Ellis, Director** 

Marsha Jennette, Office Supervisor

Amber Bailey, Nursing Supervisor

# NOTICE

In order to protect our clients, health department staff, and communities and to better shift our focus on our coronavirus (COVID-19) response, the Cheatham County Health Department is limiting services to only the most essential public health services. These services include but are not limited to WIC (over the phone), high-risk primary care services, and immunizations for children and high-risk populations. Please contact your local health department for more details on specific services. We regret this inconvenience, but we are working to provide a safe environment for high-quality care to our patients.

The Health Department provides COVID-19 testing from 8:30 a.m. to 10:30 a.m. Monday-Friday.

Test results may be available within 72 hours of arrival at the lab, depending on the volume of tests the testing lab receives. Information will be provided to participants at testing locations on what they can expect after being tested. This information is also available online at www.tn.gov/content/dam/tn/health/documents/cedep/novel-coronavirus/TestedGuidance.pdf. COVID-19 testing is widely available in Tennessee from local health departments and other health care providers. A map of COVID-19 testing sites across the state is available at www.tn.gov/content/tn/health/cedep/ncov/remote-assessment-sites.html. Hours of operation and contact information are provided for each site.

COVID-19 Vaccinations are available via drive-thru from 11:00am-4:00pm Monday-Friday. No appointment is necessary. Please enter via Frey Street.

# **Our Mission**

The Mission of the Tennessee Department of Health is to protect, promote, and improve the health and prosperity of people in Tennessee. The county health department provides a variety of basic health services, both to keep you healthy, and if you are sick, to get you well. Listed below are some of the services we offer.

# Children's Special Services (CSS)

This service assists with medical treatment for children to age 21, when they have special medical needs and the family is financially unable to provide for necessary care. This service may also include speech and hearing screenings.

# **Family Planning**

Patients receive a complete physical exam and all appropriate lab tests and are taught about birth control methods and supplied with their chosen method (unless there is a medical reason that would be dangerous). Many infections and other contraceptive problems can also be treated.

# Food and General Sanitation

Environmental specialists are responsible for inspecting food service establishments, hotel/motels, public swimming pools, bed and breakfast, child care facilities, and school plants. The division is also responsible for planning and promoting the rabies vaccination clinic and investigating animal bites.

## **Health Education**

A health educator is available to provide educational services to patients, schools, and community groups upon request.

# HUGS (Help Us Grow Successfully) Program

Home visits are made by a public health nurse to families whose infants may be at risk for medical or developmental problems. This follow-up begins during the prenatal period. Teen mothers and their infants are given the highest priority.

## **Immunization "Shots"**

Immunizations against polio, diphtheria, whooping cough, lockjaw, measles, mumps, rubella (German measles), Hemophilus, and Hepatitis B are provided for children. Influenza (flu) and pneumonia immunizations and diphtheria-tetanus boosters are also available to adults for lasting protection against these diseases.

## **Motor Voter Program**

<u>Voter registration forms</u> will be available and assistance in completing the forms will be provided.

### Nutrition

A nutritionist is available to teach individuals or groups proper nutrition for everyday living. Registered dietitians counsel individuals with special dietary needs such as hypertension, diabetes, and weight management.

### Prenatal

Pregnancy testing and referral are available. Prenatal care is available in some health departments. Please ask us which services we offer.

#### **Primary Care**

Medical staff is available for diagnosing and treating acute and chronic illnesses. They also provide routine physicals for all ages. These may include pap smears, colorectal, and other tests to screen for cancer. Special health counseling is provided as needed. We participate in <u>TennCare</u> and other insurance programs.

#### **Vital Records**

Birth and death information is collected and sent to the <u>State's Office of Vital Records</u>. Copies of death certificates are issued upon request. Certified copies of birth certificates for persons born in Tennessee may be requested through the health department.

#### **Sexually Transmitted Disease Control**

The health department provides confidential testing and treatment for sexually transmitted diseases, including HIV/AIDS.

## **Tuberculosis Control**

Diagnosis, treatment, and follow-up of the tuberculosis patient and contacts are provided. Medication, when needed, is available at the health department.

### Women, Infants and Children (WIC) Nutrition Program

Vouchers to buy nutritious foods (cheese, milk, cereals, etc.) are issued to women who are pregnant or breastfeeding and children under five years of age who are at risk of poor growth if they meet income guidelines. Breastfeeding classes and support are available to all new mothers.